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WALKABLE ANGLE-TEST

During biomechanical assessments, the degree of abduction and adduction of feet is often neglected and/or not considered.

This is a **fundamental** examination because a slight difference in balance (or walking) angle can underline:

- a different charge distribution on the two feet, with possible diversity in the heels asset (a straight and a valgus heel, or one more valgus than the other, etc.);
- that the feet, to guarantee a comfortable body balance, positionate in an asymmetrical way.

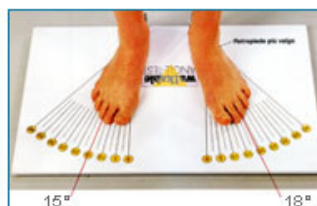
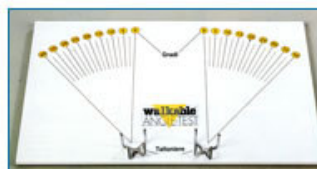
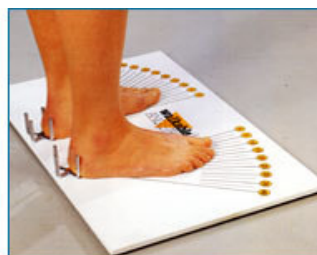
This condition underlines a possible eterometry of the lower limbs. So, it will be useful to consider carefully even just the heel asset difference.

- to counterbalance an eterometry, you act on the feet angulation and asset, aiming to their equalization (cause-effect).
- the foot asset, thinking of an useful correction, has to be evaluated after the eterometry counterbalance!

How to use:

Ask your patient to simply stand inside the platform, and to place both heels against the "heel-support"– remind the patient to keep looking straight ahead and to assume the most comfortable relax position.

Measurements are taken considering the mid-section line passing through the 2 nd /3 rd metatarsus.



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